

Dodson Branch School PE 2023
Kids Heart Challenge (Jump Rope for Heart/Hoops for Heart)

Dear Parents,

This event will take place the week of Valentine's Day this school year. All funds collected will go to The American Heart Association. The deadline to turn donations in will be on February the 10th. Students can purchase wristbands for \$1.00, keychain characters for \$3.00, jump ropes for \$4.00 and kick balls for \$5.00. The keychain characters remind us all to keep our hearts healthy by being physically active, drinking water, eating fruits, eating vegetables, saying no to tobacco, saying no to vaping, using teamwork skills, showing kindness and being a leader by telling others how to keep their hearts healthy

There will be a small drink and snack at the event. Top performers will receive awards as well.

Event Schedule (During PE)

Monday, February 13th	Mrs. Kaitlyn's 3rd grade/Mrs. Adrienne's 1st grade Mr. Ethan's 5th grade/Mrs. Jennifer's 6th grade
Tuesday, February 14th	Mrs. Burton's 2nd grade/Mrs. Jessica's Kindergarten class Mrs. Anita's 4B/Mrs. Bethany's 8th grade
Wednesday, February 15th	Mr. Alex's 3rd grade/Mrs. Chelsea's 1st grade Mrs. Ashely's 5th grade/Mr. Jeremy's 7th grade
Thursday, February 16th	Mrs. Courtney's 2nd grade/Mrs. Vanessa's Kindergarten class Mrs. Anita's 4A/Mr. Stepp's 8th grade